

# Hand Hygiene

## True or False?

1. Gloves eliminate the need to wash your hands.
2. Gloves need to be changed before and after each resident.
3. Alcohol-based gels can be used instead of washing your hands.
4. When your hands are visibly dirty, you should wash with soap and water.
5. When washing your hands, you should scrub for at least 15 seconds.