



## Colorado Foundation for Medical Care – NHQI

### Person Directed Care – Additional Learning Opportunities

#### Interactive Labs

CFMC has developed interactive laboratory materials to support you in your journey to person directed care. Interactive laboratories are designed to assist your staff to review comprehensive learning materials related to your person directed care journey and to do it at their own pace. Each laboratory contains six to eight activity stations that include personal development and professional clinical topics. The employee fills out a worksheet at each station after reading and reflecting upon each question. The labs take approximately 20-30 minutes per person and can be done individually or in pairs. A CFMC quality specialist will assist with critical thinking by engaging the staff member in discussion about the topic.

These laboratories are offered free of charge as part of the Person Directed Care Pilot. A CFMC quality specialist will accompany the laboratory and provide all staff interaction to ensure a positive learning experience. The laboratory can be set up for a few hours or for an entire day to allow staff to rotate in throughout the day. This will permit the employee to experience the laboratories and still provide coverage for resident care.

#### Group Training

CFMC can also provide the same laboratory materials to your staff in a large group presentation. Power point presentations, group discussions and learning circles can be tailored to your facility. These presentations can be 45 minutes to 2 hours in length. Longer programs can be arranged with two weeks notice.

#### **Laboratory Topics include:**

##### *A Journey of Self-Discovery*

Listening and Communication

Conflict Resolution

What is Culture Change?

##### *A Journey of Team Development*

Team Concepts

Leadership

Are We Ready To Change?

CFMC is happy to assist you in your journey. If you would like to schedule a training in your facility, please contact Ann Romaglia at 303.669.2689.