

Please Release Me, Let Me Go! Making the Right Choice

What You Need to Know About Choice, Falls, & Restraints in Nursing Homes
Panel of Nursing Home Caregivers from Idaho, Nebraska, North Dakota, & South Dakota

Teleconference~ Thursday, February 22, 2007, 2:30 - 3:30 PM MT

Hosted by CFMC-QIO in Colorado

In collaboration with the following states: ID, MT, NE, ND, SD, & WY

Who Should Attend?

- All Nursing Home Staff

Speaker Information:

This teleconference will feature a panel of nursing homes who have successfully implemented physical restraint reduction programs. Learn the why, who, how, and what from the real-world in creating a plan of care that meets the needs of the resident and lessens the needs for restraints.

Join us to recognize that risks are a part of life and few of us would ever find quality of life having our movements restricted by devices. Ask yourself, "Would I want to be restrained?"



Meet the Panel:

Pocatello Rehabilitation & Care Center~ Pocatello, Idaho
Fairview Manor~ Fairmont, Nebraska
Larimore Good Samaritan Center~ Larimore, North Dakota
Jenkins Living Center~ Watertown, South Dakota

Objectives:

The participants will learn how to :

1. Describe physical and emotional problems associated with the use of physical restraints.
2. Identify the advantages of providing restraint-free care.
3. Understand the importance of the certified nursing assistant's role in creating and maintaining a safe environment.
4. Explain alternatives to physical restraints that could be implemented in a long term care facility.



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