

Thursday, July 10th, 2:00 - 3:00 PM MT
Free teleconference hosted by CFMC, QIO for Colorado
In collaboration with the QIOs from the following states:
AK, ID, MT, NE, ND, SD, UT, WA, & WY



**“Supporting Choice and Mobility
Through Restraint-Free Care”**
Teleconference featuring Joanne Rader, RN, MN

Who Should Attend:

Administrators, Directors of Nursing, Quality Improvement Team Members, CNAs, & interested residents, family, staff, and Ombudsmen

Purpose:

This call will focus on how person-directed care leads to restraint-free care. Emphasis will be placed on how to assess three aspects of the care environment to create individualized approaches to mobility and safety that honor resident choice and wishes. The need for supportive organizational policies and procedures will be addressed.

Objectives:

1. Identify 3 aspects of the environment to explore for solutions to mobility and safety issues.
2. List at least 3 risks of restraints
3. List at least 3 new safety interventions
4. List at least 3 situations that warrant careful assessment of wheelchair use and proper wheelchair seating

Speaker Information:

Joanne Rader, RN, MN worked as a clinical specialist in mental health nursing in nursing homes for 27 years, in addition to being an Associate Professor at Oregon Health Sciences University, School of Nursing for 20 years. She was project director on a 3-year grant from the Robert Wood Johnson Foundation (1991 – 1994) to develop strategies to assist Oregon nursing homes in reducing the use of physical restraints and inappropriate psychoactive medications. She has published numerous articles and books addressing the emotional needs and behavioral symptoms of person with dementia including Individualized Dementia Care: Creative, Compassionate Approaches, and Bathing without a Battle. She was also chosen “Distinguished Alumni of 2004” by Oregon Health and Science University, School of Nursing. As a volunteer, founding member, and board member of the Pioneer Network, she is working to change the culture of aging in America.

This activity is co-provided by the Colorado Foundation for Medical Care, Office of Continuing Education and CIMRO of Nebraska, CFMC, NDHCRI, and Qualis Health - Idaho.

The Colorado Foundation for Medical Care (CFMC) is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 1.0 contact hour to be awarded.



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Registration Information

This conference call is FREE. All facilities planning to attend must register for the teleconference to reserve phone lines. Due to the high volume of phone lines, each facility will be limited to one line. However, you are encouraged to invite all staff to listen to each conference! This session will also be recorded and will be available at www.cfmc.org approximately 2 - 3 weeks after the teleconference.

Receipt of registration form must be faxed or mailed by July 7, 2008.

Please use this registration form.

To register, please complete the following information and fax or mail the completed form to:

CFMC
Attention: Laura Koski-Mankin
23 Inverness Way East, Suite 100
Englewood, CO 80112-5708
Phone: 303-695-3300, ext. 3345
Fax: 303-695-3350
Email: Lkoski@coqio.sdps.org

CFMC will e-mail a conference call packet to your facility to the contact person named below (unless otherwise instructed). Included in the e-mail will be instructions on how to call into the conference and presentation materials that may be copied for all staff attending the call.

Name (please print): _____

Title: _____

Name of facility: _____

Phone: _____ Fax: _____

Email (Required– please print clearly; call information will be sent to this e-mail address approximately two days before the teleconference):
