

Title of AV Aid	Contents	Run Time	Format Available	Source	Cost if Purchased**
A Way Back Home	Examines the current state of nursing home care, the core concepts of culture change, and practical steps for creating a nursing home environment in your facility.	55 minutes	VHS	Action Pact, Inc. Phone - 414 258-3649 Fax - 414 476-8799 <a href="http://www.culturechangenow.com">www.culturechangenow.com</a>	\$199.00
Bathing Without a Battle	Depicts a better bathing experience for persons with Alzheimer's Disease.	60 minutes	VHS and CD	<a href="http://www.bathingwithoutabattle.unc.edu">www.bathingwithoutabattle.unc.edu</a>	\$30.00
Becoming Who They Were	Building Community Among Elders with Dementia This video depicts nursing home staff conducting learning circles for residents with dementia. Family members are included. The video summarizes the major factors included in conducting this type of learning circle.	26 minutes	VHS	Action Pact, Inc. Phone - 414 258-3649 Fax - 414 476-8799 <a href="http://www.culturechangenow.com">www.culturechangenow.com</a>	\$135.00
Every Day Should be a Holiday: An Alternative Meal Plan that Will Dramatically Empower Elders	Description of how one nursing home restructured its dining program to accommodate resident needs.	90 minutes	VHS	Action Pact, Inc. Phone - 414 258-3649 Fax - 414 476-8799 <a href="http://www.culturechangenow.com">www.culturechangenow.com</a>	\$50.00
Life Worth Living	An introduction to the principles and practices of the Eden Alternative. This video explores components of the Eden Alternative by touring several Edenizing homes and observing the impact the progress has on residents, staff, and families.	30 minutes	VHS	The Eden Alternative Phone - 907 247-1997 Fax - 607 674-6723 <a href="http://www.edenalt.com">www.edenalt.com</a>	\$49.95
Nature's World*	Video ad for handcrafted bird cages	Approx. 7 minutes	VHS	Nature's World Phone - 706 625-8220 Fax - 706 629-2587	n/a
Rhythmic Medicine*	This catalogue describes numerous CDs available from the Rythmic Medicine Company.	n/a	Pamphlet	Rhythmic Medicine 10425 West 177th Terrace Olatha, Kansas 66062 913 851-5199 <a href="http://www.RhythmicMedicine.com">www.RhythmicMedicine.com</a>	n/a

The 8th Habit	Steven Covey explains that the crucial challenge of our world today is to find our voice and inspire others to find theirs.	75 minutes	Audio-tape	Available wherever audio-tapes are sold.	\$15.00
The Green House Project	Overview of the major tenets of the Green House concept.	18 minutes	VHS	The Eden Alternative Phone - 907 247-1997 Fax - 607 674-6723 <a href="http://www.edenalt.com">www.edenalt.com</a>	n/a
* CFMC does not endorse these products. They are included on this sheet as a resource only.					

**Note:**                                      \*\*Cost subject to change.